Septic sequela deformity of tibia with distal tibial defect treated with Ilizarov deformity correction and lengthening

DR.T.K.JEEJESH KUMAR

MBBS,D.Ortho,DNB,MNAMS.

Post Doctoral clinical fellowship in Ilizarov and limb reconstructive surgery,
Fellowship in Arthroplasty,
Associate Professor,
Govt. Medical College, Kozhikode. Kerala.

Introduction

- The late sequela of septic arthritis of the tibia and ankle in childhood is a complex problem.
- The symptoms are a limp, with or without pain, limb-length discrepancy, deformity ,ankle and knee stiffness. Arthrodesis of the ankle joint offers a stable, painless but immobile ankle.
- In cases with intact dital tibial physis desiring mobile ankle, ilizarov is a feasible option.

Case Report

3 year old Girl
Tibial Deformity of 2 year
duration following Septicemia
and osteomyelitis of Tibia

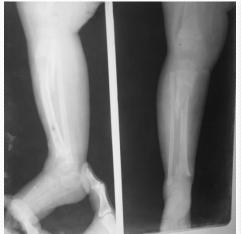
1. Varus deformity at the leg

2.LLD

Progression of septicemia to sequela









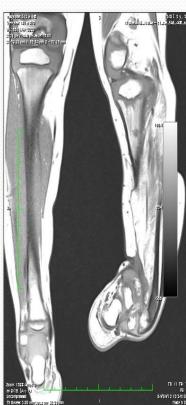




Preoperative analysis







Problem statement

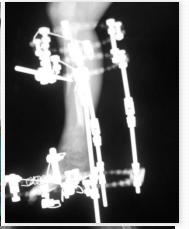
- 1.LLD
- 2. Varus contracture at the lower leg with absence of lower tibia
- 3.No DNVD
- X ray reveals absence of lower tibial segment
- MRI show presence of some part of the lower tibial epiphysis.

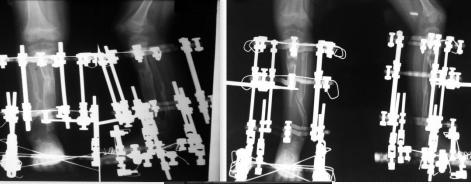
PLAN

- 1. Correction of the varus contracture by differential distraction after application of ilizarov frame
- 2.Corticotomy and lengthening of tibia and to fuse with the remaining epiphysis or Talus
- 3.If it is not possible to fuse, apply KFO and allow her to walk
- 4.Lengthening at different interval

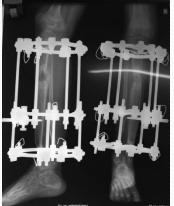
Management and Outcomes





















Outcomes

- Functional ankle joint.
- Good cosmesis with correction of LLD
- Total duration of treatment was 8months

At 7 years follow-up (Age 11 years)





