Current Concepts in Paediatric Orthopaedics & Trauma Symposium

7th & 8th April 2018
WelcomHotel Sheraton
Saket, New Delhi

Organised under the aegis of
Pediatric Orthopaedic Foundation
Pof

Academic Partners

POS1

Scientific Programme

www.pofdelhi.com
DAY 1
Saturday, 7th April 2018
MASTERCLASS ON PAEDIATRIC FOOT – Dr Vincent Mosca

0800 – 0825 Registration
0825 – 0830 Welcome Manoj Padman

Scientific Programme
The format of the Masterclass is interactive lectures, with all talks given by Dr Vincent Mosca.

SESSION 1 / PRE LUNCH

BASIC PRINCIPLES
Moderators – Alaric Aroojis / PN Gupta

0830 – 0855 Biomechanics
0855 – 0925 Principles of clinical & radiological assessment
0925 – 0935 Discussion
0935 – 0955 Principles of management
0955 – 1000 Discussion

CLUBFOOT
Moderators – Mathew Varghese / Arun Goel

1000 – 1015 History of clubfoot management
1015 – 1035 Clubfoot - beyond Ponseti – Atypical / Relapses / Older child
1035 – 1040 Discussion

1040 – 1100 COFFEE BREAK

NEUROMUSCULAR
Moderators – B D Athani / Jayanth Sampath

1100 – 1130 Cavovarus Foot
1130 – 1150 The foot in cerebral palsy
1150 – 1200 Discussion

1200 – 1230 Case presentations - Delegates

1230 – 1330 LUNCH
SESSION 2 / POST LUNCH

FLATFOOT & OTHER CONGENITAL / DEVELOPMENTAL FOOT PROBLEMS
Moderators – Kapil Gangwal / Premal Naik

1330 – 1410  Adolescent flatfoot
1410 – 1430  Tarsal coalition
1430 – 1440  Discussion
1440 – 1500  Metatarsus adductus & skewfoot
1500 – 1520  Congenital vertical talus
1520 – 1530  Discussion

1530 – 1550  COFFEE BREAK

MISCELLANEOUS
Moderators – Ramani Narasimhan / Alok Sud

1550 – 1605  Macrodactyly
1605 – 1620  Longitudinal epiphyseal bracket
1620 – 1635  Juvenile hallux valgus
1635 – 1650  Foot in limb deficiencies
1650 – 1700  Discussion

1700 – 1730  Case presentations – Delegates

1730 – 1800  EPILOGUE
DAY 2
Sunday, 8th April 2018
PAEDIATRIC TRAUMA SYMPOSIUM – Beyond the basics

Scientific Programme

SESSION 1 – DISTAL RADIUS / PHYSEAL & METAPHYSEAL INJURIES
Moderators – Ramani Narasimhan / K Venkatadass

0830 – 0836 Classification & patterns of injuries          PN Gupta
0836 – 0842 Distal radius fractures – my standard protocol of management Vijay Sriram
0842 – 0848 Difficult acute injuries                      Kapil Gangwal
0848 – 0854 Late presenting displaced fractures – A rational approach to treatment Alok Sud
0854 – 0900 Common errors in the primary treatment        Alaric Aroojis
0900 – 0905                                             *Discussion*
0905 – 0920 Case discussions                              All speakers

SESSION 2 – FOREARM FRACTURES
Moderators – Jayanth Sampath / Vikas Gupta

0920 – 0926 Conservative management – getting it right and pitfalls to avoid Ramani Narasimhan
0926 – 0932 Elastic nailing – doing it correctly          Taral Nagda
0932 – 0938 Role of plating                               Sanjay Sarup
0938 – 0944 Complex injuries                             K Venkatadass
0944 – 0950 Tackling complications                        Premal Naik
0950 – 0955                                             *Discussion*
0955 – 1010 Case discussions                              All speakers

KEYNOTE LECTURE
Moderators – Mathew Varghese / Ramani Narasimhan

1010 – 1030 Ankle fractures in children & adolescents      Vincent Mosca

1030 – 1050 COFFEE BREAK
### SESSION 3 – PROXIMAL RADIUS FRACTURES & MONTEGGIA LESIONS

**Moderators – Premal Naik / Vijay Sriram**

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<th>Topic</th>
<th>Speaker</th>
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<td>Radiological evaluation of the injured elbow – how to stay out of trouble</td>
<td>Sanjay Sarup</td>
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<tr>
<td>1056 – 1102</td>
<td>Fractures of proximal radius – management algorithm</td>
<td>Mathew Varghese</td>
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<td>1102 – 1108</td>
<td>Acute Monteggia lesions – management strategies</td>
<td>Kapil Gangwal</td>
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<td>1108 – 1114</td>
<td>Late presenting Monteggia lesions</td>
<td>PN Gupta</td>
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<td>1114 – 1120</td>
<td>Discussion</td>
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<td>1120 – 1130</td>
<td>Case discussions</td>
<td>All speakers</td>
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### SESSION 4 – LATERAL CONDYLE FRACTURES

**Moderators – Anirban Chatterjee / Kapil Gangwal**

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<th>Time</th>
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<td>1130 – 1136</td>
<td>Classifications – old wine in new bottles?</td>
<td>Alaric Aroojis</td>
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<td>1136 – 1142</td>
<td>Conservative management – how to get it right</td>
<td>Taral Nagda</td>
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<td>1142 – 1148</td>
<td>Percutaneous pinning of lateral condyle fractures – decision making process</td>
<td>Premal Naik</td>
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<td>1148 – 1154</td>
<td>Open reduction – my technique</td>
<td>PN Gupta</td>
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<td>1154 – 1200</td>
<td>Discussion</td>
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<tr>
<td>1200 – 1206</td>
<td>Late presenting fractures</td>
<td>K Venkatadass</td>
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<td>1206 – 1212</td>
<td>Fractures with sequelae – strategy of management</td>
<td>Alok Sud</td>
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<td>1212 – 1218</td>
<td>Non union with valgus – corrective osteotomy versus <em>in situ</em> fixation. A never-ending debate</td>
<td>Sandeep Patwardhan</td>
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<td>1218 – 1225</td>
<td>Discussion</td>
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<td>1225 – 1240</td>
<td>Case discussions</td>
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### SESSION 5 – MODERATED PANEL DISCUSSION

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<th>Moderator</th>
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1300 – 1345 **LUNCH**
SESSION 6 – SUPRACONDYLAR FRACTURES
Moderators – PN Gupta / Mathew Varghese

1345 – 1351 Classification – beyond the basics
Taral Nagda

1351 – 1357 Gartland II fracture – a benign injury?
To pin or plaster
Jayanth Sampath

1357 – 1403 Gold standard of care – CRPP / My technique
Sandeep Patwardhan

1403 – 1409 Pin configurations – how do they matter?
Vijay Sriram

1409 – 1414 Discussion

1414 – 1421 Difficult fractures – my bag of tricks
K Venkatadass

1421 – 1427 Open reduction – when and how?
Premal Naik

1427 – 1433 Delayed presentations – when to operate and
when not to
Sandeep Patwardhan

1433 – 1440 Discussion

1440 – 1446 Associated nerve injuries – recognition &
plan of management
Anirban Chatterjee

1446 – 1452 Pulseless supracondylar fracture
Nothing to panic
Alaric Aroojis

1452 – 1458 Pulseless supracondylar fracture –
rationale for immediate vascular exploration
Mathew Varghese

1458 – 1503 Pulseless supracondylar fracture
Consensus on management
PN Gupta

1503 – 1510 Cubitus varus – my protocol of management
Vikas Gupta

1510 – 1515 Discussion

1515 – 1530 Case discussions
All speakers

SESSION 7 – HAND AND CARPAL INJURIES
Moderator – Sandeep Patwardhan

1530 – 1540 Fractures of the hand and carpus
Operative indications
Anirban Chatterjee

1540 – 1545 Discussion

1545 – 1600 COFFEE BREAK
SESSION 8 – FEMORAL AND OTHER LONG BONE FRACTURES
Moderators – Alok Sud / Sanjay Sarup

1600 – 1606 Femoral shaft fractures – management algorithm
       Jayanth Sampath
1606 – 1612 Conservative management – getting it right
       Kapil Gangwal
1612 – 1619 Difficult femoral shaft fractures – tips and tricks of management
       Taral Nagda
1619 – 1625 Failed primary treatment – why did it go wrong?
       Premal Naik
1625 – 1635 Management of other long bone fractures - Humerus & Tibia
       Sandeep Patwardhan
1635 – 1640 Discussion
1640 – 1700 Case discussions
       All speakers

SESSION 9 – STUMP THE MASTERS - DELEGATE CASE PRESENTATION / Prize session

1700 – 1720 4 selected cases to be presented by delegates
       Masters
       Kapil Gangwal
       Premal Naik
       Sandeep Patwardhan
       Taral Nagda

1720 – 1730 VALEDICTORY
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**Highlights**

- **A FULL DAY academic event covering all aspects of elective Paediatric Foot problems**
- Unique opportunity to interact and learn from one of the foremost experts on the subject

**Content overview**

- Biomechanics
- Clinical & radiological evaluation
- Principles of management
- Clubfoot - beyond Ponseti
- Cavovarus foot
- Adolescent flatfoot
- Tarsal coalition
- Congenital vertical talus
- Metatarsus adductus and skew foot
- Juvenile Hallux Valgus
- & much more

CME credits application in progress

For more details, contact: ccpotindia@gmail.com
Online registration at http://pofdelhi.com/ccpotregistration.aspx
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Beyond the basics

Sunday, 8th April 2018

For all Orthopaedic surgeons dealing with Paediatric trauma

Get your registration fee refunded & win attractive prizes - for the delegate with the BEST case presentation

Content overview
Current evidence
Staying out of trouble
Best practice guidelines
Practical tips & tricks
Failed primary treatment
Minimally invasive techniques
Delayed presentations
Failed surgery
Complex trauma
Dealing with complications

CME credits application in progress

Highlights
★ A FULL DAY academic event covering controversies and dilemmas faced during day to day clinical practice
★ Interactive discussions and case based discussions

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